



We care, we share, we dare to dream



## Curriculum Statement for PSHE

### Ticket to Anywhere

Happy, caring school

First rate education

Nurture curiosity and creativity

Inspire and engage

Welcoming, safe environment

Thursfield Primary

Curriculum

INTENT

The intent for PSHE, RSE & British Values is to deliver an age-appropriate, well-rounded curriculum which is accessible to all pupils. The aim is to help children know and value who they really are and how they relate in this ever-changing world. As a result, they will become healthy, independent and responsible members of society. We aim to improve pupils' capacity to learn, their resilience and emotional well-being and mental health and thereby enhance their life-chances. Pupils will develop strong emotional literacy, resilience, spiritual development and social skills through a whole school, mindful approach to the teaching of PSHE, RSE and British Values. Personal and social development is integrated in a comprehensive PSHE curriculum, which gives the relevant context to build skills, attitude, self-esteem, resilience and confidence, which is taught explicitly and nurtured implicitly in a well-structured, progressive lesson-a-week process.

At Thursfield Primary School we embrace the 'Rose and Shine Principles of Learning' for all pupils including our children with Special Educational Needs and Disabilities (SEND). The delivery of the PSHE, RSE & British Values curriculum involves the careful planning of lessons ensuring plenty of opportunities for the over learning of key facts and the mastery of key skills. We remove barriers to allow all pupils to achieve by producing 'Learning Passports' with our SEND children. These outline personal learning preferences and the reasonable adjustments which need to be made by school in order for each pupil to access the full curriculum and to achieve the high expectations which are set for them.

Thursfield Primary

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IMPLEMENTATION

#### Curriculum

We use a comprehensive scheme which has a whole-school mindfulness approach combining all aspects of PSHE, RSE and British Values. The curriculum develops emotional literacy, resilience, social skills and spiritual development. The scheme used is 'Jigsaw PSHE' with some adaptations made to suit the needs and requirements of pupils at Thursfield Primary School.

#### Curriculum Journey

Each year the whole school moves through six PSHE, RSE and British Values integrated themes. The same theme is taught at the same time throughout the school and launched with a half-termly assembly. The whole-school enjoy teacher-led timetabled hours lesson each week. The resources are tailored to the needs of the pupils and help them build relationships with their class, school, wider and global community as well as getting to know themselves better as unique human beings. Teaching strategies are varied and mindful of preferred learning styles and the need for differentiation.

The themes are: Being Me in My World (children will understand their place in class, school and the global community as well as devising learning charters). Celebrating Difference (includes anti-bullying and diversity work). Dreams and Goals (includes goal-setting, individual aspirations and aspirations for the world). Healthy Me (includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices). Relationships (includes understanding friendships, family and other relationships, conflict resolution and communication skills). Changing Me (includes relationships and age-appropriate sex education in the context of coping positively with change).

Thursfield Primary Curriculum

IMPACT

#### Pupil Voice

The PSHE curriculum aims to improve pupils' capacity to learn, their resilience and emotional well-being and mental health and therefore enhance their life-chances. Integrating personal and social development work into a comprehensive Personal, Social, Health Education (Health and Well-being) curriculum gives the relevant context to build skills, attitudes, self-esteem, resilience and confidence. This is taught explicitly as well as nurtured implicitly in the lesson process.

#### Evidence of Knowledge and Skills

Assessment is an integral part of the teaching and learning in all subjects, including PSHE education. However, the personal nature of PSHE education means that it cannot be assessed in the same way as most other subjects. Each term pupils are assessed against the two learning intentions. One is based on specific PSHE and Health & Well-being learning and the other is based on emotional literacy and social skills development.

#### Ticket to Anywhere

Jigsaw's philosophy starts by building positive self-image, a sense of identity and a healthy relationship with self, and from that starting point helps children grow healthy relationships with others. Health Education in Jigsaw embraces not only physical health but has a strong focus on mental health and emotional literacy throughout, and empowers children to be aware of their own thoughts and feelings and know how to manage and regulate these. The Relationships and Changing Me Puzzles have a strong safeguarding focus in particular, (obvious to teachers but not necessarily so explicit to children). Our philosophy is to grow resilience and positive self-esteem and confidence in children, so they can recognise when they feel uncomfortable in a situation and know who to trust and how to speak up for help. They respect themselves and their bodies and know what healthy relationships feel like.