



# Thursfield News



## Friday 23rd January Edition

**Weekly Joke:** Why did the kid cross the playground? To get to the other slide.

### Headteacher's Message

Dear Parents and Carers,

I would like to begin by saying a sincere thank you to all of our Year 4 parents who attended the Multiplication Check information event on Monday evening. It was wonderful to see such a positive turnout and to hear how closely you are working alongside the school to support your child's progress. Your commitment to helping children learn, practise and confidently recall their times tables makes a real difference and is greatly appreciated.

This week, children across the school have been completing their Religious Education learning block. During this time, they have explored a range of world religions, developing their understanding of different beliefs, traditions and cultures. This learning strongly reflects the British value of mutual respect and tolerance, encouraging children to appreciate diversity and to show understanding and kindness towards others.

On Tuesday, Wednesday and Thursday we were delighted to welcome family members of our Key Stage 1 children into school to share a school lunch together. It was lovely to see so many smiling faces and to watch children proudly enjoy this special time with their families. We hope you enjoyed the experience as much as we did, and we are very much looking forward to repeating this opportunity next week with our Year 3 and Year 4 classes.

On Monday, we also held our latest PTFA meeting. Thank you so much to everyone who attended for your hard work, enthusiasm and excellent fundraising ideas. Your ongoing support plays a vital role in enriching school life for all of our children. Please do take a look at the PTFA page of this newsletter for regular updates and information about upcoming events.

Finally, I would like to thank Mrs Timmis and the parents who attended our recent SEND coffee morning, which focused on dyslexia. These sessions are a valuable opportunity to share information, offer support and strengthen our partnership with families, and we appreciate everyone who took the time to join us.

Thank you, as always, for your continued support. I wish you all a restful and enjoyable weekend and look forward to another busy and successful week ahead.

Wishing you all a lovely, restful weekend.  
Mrs Bradbury

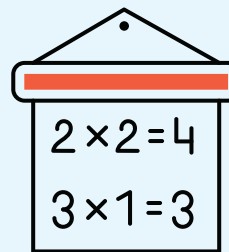


### Year 6 Booster Sessions

Just a reminder that sessions run every **Monday, Tuesday, Wednesday from 8:00 AM.**



### Year 4 Times Table Meeting



Thank you to everyone who came along to our Year 4 multiplication meeting. We really appreciate your support and engagement. It was wonderful to see so many families taking the time to learn more about how multiplication is taught and how you can support your child at home. Please keep practising those times tables regularly — your encouragement makes a real difference to the children's confidence and progress. We look forward to continuing to work together

### Key Dates

## JANUARY

- Monday 26<sup>th</sup>:** Year 5/6 Football League
- Tuesday 27<sup>th</sup>:** 3H Special Person Lunch
- Wednesday 28<sup>th</sup>:** 3/4R Special Person Lunch
- Wednesday 28<sup>th</sup>:** Dodgeball Competition
- Thursday 29<sup>th</sup>:** 4W Special Person Lunch

## FEBRUARY

- Monday 2<sup>nd</sup>:** Y5/6 Visit to Manchester Science Industry Museum
- Tuesday 3<sup>rd</sup>:** 5P Special Person Lunch
- Tuesday 3<sup>rd</sup>:** Netball Tournament
- Wednesday 4<sup>th</sup>:** 5/6K Special Person Lunch
- Wednesday 4<sup>th</sup>:** Year 1 Phonics Workshop 9am
- Wednesday 4<sup>th</sup>:** Valentines Disco
- Thursday 5<sup>th</sup>:** 5/6BA - Special Person Lunch
- Monday 9<sup>th</sup>:** Year 6 Fundraising Event
- Monday 9<sup>th</sup>:** 5/6 Football League
- Monday 9<sup>th</sup>:** Parents E-Safety Meeting @5:30pm
- Tuesday 10<sup>th</sup>:** Reception Special Person Lunch
- Wednesday 11<sup>th</sup>:** Safer Internet Day
- Wednesday 11<sup>th</sup>:** Year 5/6 Classes Parents evening
- Thursday 12<sup>th</sup>:** Young Voices

**16<sup>th</sup> February - 20<sup>th</sup> February - Half Term**

## MARCH

- Monday 2<sup>nd</sup>:** Ashley Thorpe - Author Visit
- Monday 2<sup>nd</sup>:** Reading Sponsored Event
- Wednesday 4<sup>th</sup>:** Tilly Mathews - Author Visit
- Thursday 5<sup>th</sup>:** World Book Day
- Monday 9<sup>th</sup>:** PTFA Mother's Day Secret Room
- Monday 9<sup>th</sup>:** 5/6 Football Match
- Tuesday 10<sup>th</sup>:** EYFS Mother's Day Workshop @9am
- Tuesday 10<sup>th</sup>:** Usbourne Book Sale - After School

### Special Person Lunch



Next week, our Special Person Lunch will continue. We can't wait to see you there! Next week it will be Year 3 and Year 4's turn.

**Tuesday 27<sup>th</sup>:** 3H - Miss Hilton's Class

**Wednesday 28<sup>th</sup>:** 3/4R - Mr Reddish's Class

**Thursday 29<sup>th</sup>:** 4W - Miss William's Class

See you all there!

### SEND Coffee Morning



Thank you to everyone who came along to our SEND coffee morning. It was lovely to see so many of you there, and we really appreciate you taking the time to join us. We hope you found the session helpful and informative.

If you were unable to attend and have any questions or would like further support, we are always happy to help. Please contact the school office, and your email will be forwarded to our SEND Coordinators, who will be in touch as soon as possible.



### **YEAR 1 PHONICS PARENT WORKSHOP**

We are excited to invite you to a Year 1 Phonics Workshop on:

**Wednesday, 4th February at 9:00 AM**

This workshop is a great opportunity to:

- Learn about the Phonics Screening Check your child will complete in the summer.
- Discover ways to support your child's phonics learning at home.
- See how phonics is taught in the classroom with your child.

There will also be plenty of time for any questions you may have.

We look forward to seeing you there!

**e-safety parent workshop**

We are pleased to invite you to our ESafety Parent Workshop on **Monday, 9th February, at 5:30 PM.**

This session will provide valuable resources and tips to help you keep your children safe online at home.

We'll cover:

- Managing screen time effectively.
- Guidance on how to talk to your child about online safety.

We hope you can join us to learn more about how to support your child's digital wellbeing.

We look forward to seeing you there!

## Our Next Curriculum Block

For the next two weeks, the curriculum block for Years 1-6 will be **R.E.**



## Winter Weather

Please can all children ensure that they are dressed appropriately for the winter weather. Coats must be worn to school. Please bring hats, scarfs and gloves to wear.

## Children's Wellbeing

This week, Dame Rachel de Souza, the Children's Commissioner for England, has published a new guide offering practical support and advice for children, families and professionals. The guide highlights key issues affecting children today and provides clear, helpful guidance to support their wellbeing and development. We encourage parents and carers to click on the online link to read the report in full and access the advice available.  
<https://www.childrenscommissioner.gov.uk/resource/what-i-wish-my-parents-or-carers-knew-a-guide-for-parents-and-carers-on-managing-childrens-digital-lives/>

## Parking

We have received a number of reports this week of dangerous parking outside school — cars mounting the kerb and ignoring pedestrian safety. This creates a serious risk for our children and families. Please park with care in surrounding streets and watch out for pupils at drop-off and pick-up.  
**Vehicles parked unsafely will be reported to parking enforcement.**

## Reviewed Policies

The policies reviewed at our recent Governors' meeting are now available on the school website. These include key policies relating to teaching and learning, early years, safeguarding, and health and safety. Some policies have also been updated with additional information specific to nursery and wraparound provision.

## School Dates

**School closes for Christmas:-**  
 Friday 13th February  
**Children return:-**  
 Monday 23rd February

## Peanut Allergy

Please be aware that we have a child at Thursfield with a peanut allergy. For this reason, please do not bring in any food items containing peanuts. Thank you for your cooperation.

## Water Bottles

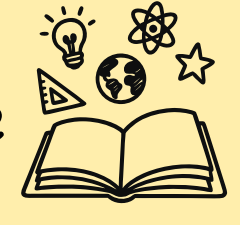
Please ensure that all children bring a water bottle to school each day. We are currently using a large number of plastic cups, which is not environmentally friendly and also incurs unnecessary costs—funds that could be better used elsewhere. Thank you for your support.

## Nursery Places

We currently have a small number of places available for 3-4-year-olds in our nursery. Please collect a Nursery Information Pack from the school office for further details.

## Class of the week!

Year 3 & 4  
 For their fantastic science investigation.



## Golden Book Winners

Theme:- Maths Focus

<b>RB</b> - Isla H.	<b>Y3H</b> - Brogan P.
<b>RSB</b> - Eliza J.	<b>Y3/4R</b> - Jack C.
<b>Y1P</b> - George W.	<b>Y4W</b> - Rory T.
<b>Y1/2R</b> - Alfred S.	<b>Y5P</b> - George S.
<b>Y1/2T</b> - Lottie	<b>Y5/6B</b> -
	<b>Y5/6O</b> - Conrad T.O.

*Well done!*

## Attendance 100%

Well done to Year 4 Class for achieving 100% attendance last week!

## Facebook Page

Thursfield has a Facebook page. The purpose of the page is to provide parents with a window in to the school day. To join search Thursfield Primary School.

## ARBOR

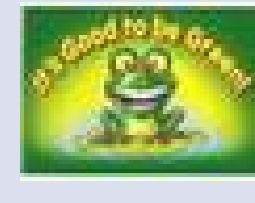
Please remember to update your personal details in Arbor if there are any changes. It is essential that we have multiple contact details for each child to ensure smooth communication. Additionally, you can adjust your photo permissions through Arbor at any time.

## School Website

Please visit our website for information regarding school policies including mobile phones and attendance. You will also find information regarding our curriculum.

## Good To Be Green Winner

Milo T.



## House Points

**Bridgewater - 1059**  
**Wedgwood - 855**  
**Doulton - 817**  
**Moorcroft - 690**



## MENTAL HEALTH SUPPORT TEAM

Name: Callum  
 Trainee Education Mental Health Practitioner

**All About Me**  
 Hi, I'm Callum, from the Mental Health Support Team (MHST) working within Thursfield Primary School. I am an Education Mental Health Practitioner (EMHP) and my role involves supporting young people and their families with mild to moderate mental health challenges using Low Intensity Cognitive Behavioural Therapy (LICBT). Together we work to identify and address difficult emotions and feelings. I work in partnership with the school's Mental Health Lead to deliver a whole school approach to mental health; this includes educational workshops, groups, and training to reduce the stigma of mental health and improve outcomes for the whole school community.

**Our Core Offer**  
 I support pupils with:

- Worry Management
- Anxiety
- Panic Management
- Low Mood
- Sleep
- Problem Solving
- Exam Stress

If you would like to know more, please speak to Mrs Bradbury or email: [mhsenquiries@combined.nhs.uk](mailto:mhsenquiries@combined.nhs.uk)

## What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried — not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

**WHAT ARE THE RISKS?**

- SLEEP DISRUPTION**: Excessive screen time, especially before bed, can interfere with melatonin production and disrupt sleep. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to excessive device use.
- ONLINE PEER PRESSURE**: Social media platforms expose children to unrealistic standards and peer validation. Likes, comments, and shares can influence self-worth and lead to anxiety or risky behaviors.
- CYBERBULLYING EXPOSURE**: Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to report.
- REDUCED PHYSICAL ACTIVITY**: Time spent on screens often replaces outdoor play, which is crucial for physical health and emotional regulation.
- EMOTIONAL DYSREGULATION**: Fast-paced digital content can overwhelm children, leading to irritability, anger, or struggles with transitions and emotional control when not engaged with screens.
- PRIVACY AND SAFETY RISKS**: Children may unknowingly share personal information or be exposed to inappropriate content without guidance. They may not understand the permanence of digital footprints or the risks of online interactions.

**Advice for Parents & Educators**

- SET CLEAR BOUNDARIES**: Establish screen-time limits and device-free zones, e.g. bedrooms and dining tables. Use parental controls and create a digital use agreement with children to encourage accountability. Try setting aside 10 minutes each day for a digital detox where children can show what they've seen or done online.
- PROMOTE DIGITAL LITERACY**: Teach children how to evaluate online content, recognize misinformation, and understand privacy settings. Empower them to think critically and not believe everything they see or hear online. Use tools like the news or social media to help children practice spotting fake information.

**Meet Our Expert**  
 Adam Gillis is Associate Vice Principal for Personal Development at Thurston Grammar School and works on safeguarding and day-a-week for Mindy Ahead, which works with schools on improving their mental health provision.

#WakeUpWednesday  
 The National College



# PTFA

## Upcoming Events...



## Future Events:

- Wednesday 4<sup>th</sup> February:** Valentines Disco
- Monday 9<sup>th</sup> March:** PTFA Mother's Day Secret Room